

Hands-On

# Pole Climbing Re-Certification & Pole Top Rescue



including: CPR/First Aid Certification

## BICSI CECs

This course has been approved for CEC credits by BICSI. Please read below for a breakdown of the credits that we offer for this course. For more information regarding BICSI please visit our website.

RCDD: 15	OSP: 15	Inst: 15	Tech: 15	Cert. Trainer: 15
----------	---------	----------	----------	-------------------

## Course Description

This 2-day course will have the participants review the safe methods of pole climbing previously learned. They will perform several exercises on the pole that would be used in day to day activities.

The course will also include Pole Top Rescue, the method to safely and effectively retrieve an injured worker from a pole. Not only will they learn how retrieve an injured worker but be able to administer first aid once on the ground.

Upon completion of the course attendees will be Certified in CPR and Basic First Aid. Plus they will have been Recertified in Pole Climbing with up to date revisions and standards, trained in Pole Top Rescue and will be more confidence in their climbing ability and be able to perform work functions more efficiently.

Attendees will also review safe ladder handling practices. This will include the proper techniques of carrying and positioning the ladder, securing the ladder to the pole and mid-span setup.

All SAFETY practices will be covered and must be followed during the training exercise.

Note This course is physically demanding. Students must earn at least 70 of the competency points to become certified in this course.

## Students Will Learn

- New Revisions and Standards
- Safely and Effectively Ascend and Descend Wooden Poles
- Perform Different Types of Work on Pole
- Drive a Drivehook
- Install Drop
- Install Mid-Span Clamp
- How to Properly Perform a Pole Top Rescue
- CPR & Basic First Aid Certification (receive your Cert-Card in Class)
- Use Ladders on The Pole and At Mid-Span Using The Appropriate Ladder Securing Equipment
- Hands-On Experience and Comprehension will Produce and Insure Safety & Quality In and Around your working Environment!

## Course Outline

### Section 1. Safety

- Climbing Gear Inspection
- Fitting and inspection of belts
- Personal Protection Equipment
- Revisions and Standards
- And more...

### Section 2. Climbing and Working Methods

- Three point contact method

- Working positions on a pole
- Drive a drivehook
- Install mid-span clamp
- Install a drop wire
- And more...

### Section 3. Certification for First Aid & Pole Top Rescue

- Scene assessment
- Assessing airway, Breathing and circulation
- Specific first aid problems
- Control of bleeding
- Shock management
- Emergency moves
- Ongoing assessment
- And more...

### Section 4. Perform Pole Top Rescue

- Methods for pole top rescue
- Obstacles On Poles
- Remove victim from pole
- Perform proper first aid
- And more...

### Section 5. Ladders

- Carrying Ladders
- Raising And Lowering Ladders
- Placing And Securing Ladders At Poles
- Placing And Securing Ladder At Mid-Span
- Using Ladders
- And more...

## Delivery Method

Instructor led with numerous Hands-On labs and exercises.

## Equipment Requirements

(This apply's to our hands-on courses only)

BTS always provides equipment to have a very successful Hands-On course. BTS also encourages all attendees to bring their own equipment to the course. This will provide attendees the opportunity to incorporate their own gear into the labs and gain valuable training using their specific equipment.

## Course Length

2 Days