

Hands-On

TeleCom Pole Climbing / Ladder Safety T-T

Train-the-Trainer



Course Description

This Hands-On 3-day course will train the participants how to safely and effectively deliver this training to new hires and anyone interested in/and working on or around telecommunication wooden poles at the 14, 16, and 18 foot, being able to ascend and descend wooden poles using pole climbing Gaffs, Hooks, Belts, BuckSqueeze Safety, Fall Arrest Systems and associated Equipment and Ladders...

If Company permits, (which is recommended and mandatory for BTS Certification)

A Live Video will be taken of each student at the 6, 12, and 18-foot heights. This will ensure that the attendees are using proper techniques, safety parameters and effectively ascending and descending wooden poles using pole climbing gaffs and associated equipment.

A master copy of this video will be filled at BTS headquarters. BTS, as an added benefit, will issue a Username and Password to access the completion videos on our BTS secured video server. This provides easy access to every video for student company evaluations, company reviews and any legality issues where this video may be required. **PROOF IS PROTECTON !**

All SAFETY practices will be covered and must be followed during the training exercise. Note This course is physically demanding. Students must earn at least 70 of the competency points to become certified in this course.

Students Will Learn

- **How to Deliver this training to New Hires**
- **Go Over all OSHA Regulations and Standards**
- **Demonstrate and Instruct how to Safely and Effectively Ascend and Descend Wooden Poles**
- **The Yearly Re-Certification Process for Employees**
- **Learn and Instruct the "3-Point Contact Free Hand" Method**
- **Learn and Instruct the understanding and use of Fall Arrest Systems, BuckSqueeze Safety**
- **Learn and Instruct the use of Ladders on The Pole and At Mid-Span Using The Appropriate Ladder Securing Equipment**
- **Gain the Hands-On Experience and Comprehension to produce Safe Quality Climbers**
- **And more...**

Target Audience

Anyone with the responsibility to introduce or train anyone on telecommunication wooden pole climbing.

Prerequisites

All SAFETY practices will be covered and must be followed during the training exercise. Note This course is physically demanding. Students must earn at least 70 of the competency points to become certified in this course

Course Outline

Lesson 1. Safety

- Climbing Gear Inspection
- Fitting and inspection of belts
- Personal Protection Equipment
- Fall Arrest Systems, BuckSqueeze
- Electrical Hazards

Lesson 2. Pole Climbing Techniques

- Using Pole Climbing Gaffs
- Three Point Contact Method
- Belted Climbing
- Climbing Maneuvers
- Climbing to the 6 foot level
- Practicing maneuvers

Lesson 3. Fitting Climbing Gear

- Body Belt
- Climbers
- Other Gear

Lesson 4. Pole Safety Inspection

- Check Pole For Rot
- Obstacles On Poles
- Test out at the 12 foot level
- Testing 12 foot level climbing and maneuvers

Lesson 5. Work Area Assessment

- Fall Hazards

Pedestrian And Automotive Traffic

Lesson 6. Aerial Work Assignments
Using Hand Lines
Attaching Aerial Hardware

Lesson 7. Ladders
Carrying Ladders
Raising And Lowering Ladders
Placing And Securing Ladders At Poles
Placing And Securing Ladder At Mid-Span
Using Ladders

Lesson 8. Student Evaluation and Certification
Climbing 12 foot and 18 foot poles
Evaluate all climbing maneuvers and techniques
Video taping of all final climbs

Delivery Method

Instructor-Led with numerous Hands-On Labs and exercises.

Equipment Requirements

(This apply's to our hands-on courses only)

BTS always provides equipment to have a very successful Hands-On course. BTS also encourages all attendees to bring their own equipment to the course. This will provide attendees the opportunity to incorporate their own gear into the labs and gain valuable training using their specific equipment.

Course Length

3 Days