

Hands-On

Fall Protection



Course Description

This Hands-On course provides in-depth practical training for Fall Protection on conventional and unconventional applications and is based on the latest OSHA and ASME standards and requirements.

When work is performed on elevated surfaces or during construction and service activities, protection against falls must be considered.

Employers and Contractors are required to have and or provide a training course for each employee who might be working with or exposed to fall hazards. The course must provide each person to recognize the risks and hazards and their working environment to provide solutions to minimize these risks and hazards.



This course is a practical all Hands-On and or Virtual Live Instructor-Led course. This training not only protects the individual but it also provides protection for the company and or contractor(s) from accidents, accidental injuries, deaths and litigation and liabilities.

(Case Studies, Exam, Hands-Field Labs will be implemented based on Virtual or On-Site delivery)

Students Will Learn

- **Basic Safety**
- **Hazard Recognition**
- **Fall Protection OSHA Standards and Definitions**
- **Hole Covers**
- **Guard Rails**
- **Stairs, Elevated Areas and Roof Tops**
- **Personal Fall Protection Equipment (Anchor, Body Harness, Connecting Devices, Decent and Rescue Devices).**
- **Fall Protection Plan**
- **Controlled Access Zones**
- **Safety Monitoring System and Reports**
- **Safety Application Exercises (Case Studies, Exam, Hands-Field Labs)**
- **And Much More...**

Target Audience

Anyone that is working in or around elevated surfaces in a workplace and or any contracted area.

Prerequisites

None.

Course Outline

Module 1: Introduction to Fall Prevention

Module 2: Types of Fall Hazards

Module 3: The Science of Falls

Module 4: Fall Controls and Protection

Module 5: RoofTops, Stairways and Scaffolds

Module 6: Struck-by and Falls-to-the-Same-Level Controls

Module 7: Other Fall Controls

Module 8: Exercise Calculating Fall Distances

Module 9: Prompt Rescue Plan

Module 10: Site Safety Plans and Checklists

Module 11: Exercise Choosing Fall Protection

Module 12: Exercise Making Decisions and Wearing Equipment

Delivery Method

On-Site Instructor-Led in person or Virtual LIVE Instructor-Led delivery is available for this course.

Equipment Requirements

(This apply's to our hands-on courses only)

BTS always provides equipment to have a very successful Hands-On course. BTS also encourages all attendees to bring their own equipment to the course. This will provide attendees the opportunity to incorporate their own gear into the labs and gain valuable training using their specific equipment.

Course Length

1 Day