

# Hands-On Ladder Safety



## Course Description

This Hands-On course provides in-depth practical training for ladder safety on conventional and unconventional applications.

When work is performed on elevated surfaces or during construction and service activities, protection on ladders must be considered.

Employers and Contractors are required to have and or provide a training course for each employee who might be working with or on ladders. The course must provide each person to recognize the risks and hazards of using ladders and their working environment to provide solutions to minimize these risks and hazards.

This course is a practical all Hands-On course. This training not only protects the individual but it also provides protection for the company and or contractor(s) from accidents, accidental injuries, deaths and litigation and liabilities.

Ladder Safety and Real-World Application Exercises (Case Studies, Exam, Hands-Field Labs)



## Students Will Learn

- **Basic Safety**
- **Hazard Recognition**
- **Ladder Specifications**
- **Ladder Responsibilities**
- **Ladder Usage**
- **Ladders on Poles**
- **Ladders on Strains**
- **Hole Covers (if applicable)**
- **Guard Rails (if applicable)**
- **Stairs and Elevated Areas (if applicable)**
- **Controlled Access Zones**
- **Safety Monitoring System and Reports**
- **Ladder Safety Application Exercises (Case Studies, Exam, Hands-Field Labs)**

## Target Audience

Anyone that is working with ladders in or around elevated surfaces in a workplace and or any contracted area.

## Course Outline

Module I: Safety and Hazard Recognition

Module II: Standards and Definitions.

Module III: Ladders Usage

Module IV: Hands-On Field Labs and Exam

## Notes

Safety Equipment List

Please make sure attendees are equipped with the following

- Hardhat
- Safety Glasses
- Work Gloves
- Steel Toe boots/Shoes
- Body Belt
- Secondary Lanyard
- Screwdriver/Probe- 6 inch blade
- Hammer
- Handline - 30 FT.
- Stabilizing Straps

## Delivery Method

Instructor-Led with numerous Hands-On Labs and Field Exercises.

## **Equipment Requirements**

**(This apply's to our hands-on courses only)**

BTS always provides equipment to have a very successful Hands-On course. BTS also encourages all attendees to bring their own equipment to the course. This will provide attendees the opportunity to incorporate their own gear into the labs and gain valuable training using their specific equipment.

## **Course Length**

1 Day